

Pleasley Surgery Patient Group

a voice for all patients of Pleasley Surgery



Minutes of the meeting held on 17th July 2017

Attendees:- NW – Member
PS - Member
SC – Member
DM - Manager
RC – Member
KW – Member
KW – Speaker

Apologies:- HC - Member

1. Minutes of the last meeting and matters arising

The minutes were accepted as a true record of last meeting.

KW informed the group that she had been contacted by KW (speaker) regarding setting up a walking group and she had invited him to attend today and talk about the “Walking for Health” initiative.

KW reported that she had tried to contact the Chair of the Bull Farm PPG with a view to inviting him/her to our meeting as we are part of a joint practice and there may be scope for joint action or sharing information. As KW had been unsuccessful in making contact by phone it was suggested that a letter be sent with an invitation to join our next meeting in August. **Action – KW.**

2. Presentation on “Walking for Health”.

KW (Chair of Orchard PPG) gave a presentation about the “Walking for Health” initiative. He explained that it is a nationally accredited scheme with an emphasis on local activities. The scheme carries the necessary public liability insurance and local groups under the umbrella of the national scheme are automatically covered by its insurance. The main objectives are to encourage more walking and encourage social interaction. KW explained that whilst walking was a core health activity, the spin-off activities, group meetings, trips and meals etc were excellent ways of bringing people together. There are already a number of groups active in the Mansfield and Ashfield areas. All walks are free and registration is done on the first walk. People are free to attend any local group once registered.

KW had already given the possibility of creating a Pleasley Surgery Walking Group some consideration and presented a draft leaflet containing a programme of weekly walks on Wednesdays starting in September 2017. Walks would begin at the old colliery site, meeting at the café and be up to 90 minutes duration with shorter options available. Short stops will be made during the walk and breaks can be requested at any time. Refreshments will be available at the end of the walk at the

cafe. Walks would use established, made-up paths in the main and avoid stiles and other obstructions where possible. Walks are led by a trained walk leader (KW initially) and accompanied by a back walker to ensure everyone is looked after.

Members felt that this was a great idea and that we should take up KW's offer to run a group based at Pleasley. The first walk will be on Wednesday 6th September from 11.00 till 12.30, meeting at the café on the Pleasley Colliery site. All are welcome to attend. No special equipment is needed but people should wear appropriate footwear.

RC expressed interest in becoming an accredited walk leader and KW provided details of the training sessions which are free.

It was agreed that the surgery would publicise the new walking group. This may include referrals, together with promotion via its newsletter, the TV screen in the waiting room and by making walking group leaflets available. **Action KW.**

Keith Wallace would produce the new walking group leaflets, specific to Pleasley Surgery, on our behalf and a master-copy would be provided so that additional copies could be produced.

Members thanked Keith for his informative and productive presentation and looked forward the first walk in September.

3. Updates

Members were informed that the surgery's IT systems were down and consequently no performance data was available eg DNAs and user feedback. It was decided to review these items at the next meeting.

KW informed the group that there was no indication from CQC as yet regarding the surgery's impending inspection date.

4. Up and coming events

The 2017 Patients' Survey is now underway and KW reported that approximately 100 survey forms had been completed so far. RC reported that he had attended two sessions to encourage people to take part. KW reported that Tuesdays and Thursdays were busiest and perhaps efforts should be focussed on these days. RC confirmed that he would attend on Tues. 25th August, PS, SC and NW would attend on Thurs. 27th August.

The Pleasley Surgery Walking Group's first walk would take place on Wednesday 6th September between 11.00 and 12.30.

Flu clinics would take place in September with the 21st being a key date. Members would discuss providing assistance at the next PSPG meeting.

5. PSPG Development Plan review

NW led the review of the development plan and the updated version is attached.

6. Time and date of next meeting.

The next meeting will be held on Monday 21st August, 11.30 at the Surgery.

The meeting closed at 12.40.

Meeting notes prepared by NW. 18/8/2017